

## Connacht Future Challenger Series Meet 4

Meet Licence no; 21-22/23 C021

<b>Venue</b>	<i>Leisureland Complex , Salthill, Galway</i>
<b>Host</b>	<i>GALWAY Swimming Club</i>
<b>Format</b>	<i>Short Course - 6 Lane</i>
<b>Session Times</b>	<i>Session 1 – 12<sup>th</sup> March 2023      Warm Up 5pm - Start time: 6pm</i>
<b>Events</b>	<ul style="list-style-type: none"> <li>• <b>10 Yrs can; swim-</b> 50m Back, 50m Butterfly, 50m Breast. 3 events max</li> <li>• <b>11 Yrs can swim-</b> 200m IM, 50m Butterfly, 50m Breaststroke, (50m <b>OR</b> 100m Backstroke)</li> <li>• <b>12yrs can swim-</b> 200m IM, 50m Breaststroke, (50m <b>OR</b> 100m Backstroke) (50m <b>OR</b> 100m Butterfly)</li> <li>• <b>13 &amp; 14yrs</b> can enter the 12yrs events as long as they have <b>NOT</b> swam at an Aspiring In the current Cycle. Coach discretion.</li>   <li>• <i>Mixed 4 x 25m Medley and Freestyle Team Relays - must be at least 1 male And 1 female athlete and there can only be one 12-year-old athlete per relay. And all swimmers must be competing in the competition; 13y14y may not compete on relay teams.</i></li> <li>• <i>Athletes are limited to 1 distance per stroke ie; 50m or 100m Backstroke or fly,</i></li> <li>• <i>Clubs can enter multiple relay teams.</i></li> </ul>
<b>Awards</b>	<i>Individual awards will be given in accordance with Swim Connacht bands system.</i>
<b>Fees</b>	<p><i>€5 per Individual Event      €10 per Relay Team</i></p> <p><i>Cheques to be made out to – Swim Ireland Connacht</i></p> <p><i>If you are remitting the fees by cheque, please note the club and the name of the swim meet gala on the back. Fee payment should be arranged concurrently with swim meet entries.</i></p> <p>Bank Account Name: Galway Swimming Club  Bank: AIB Bank  Bank Address: Salthill Galway  IBAN: IE06 AIBK 93740107769027  BIC: AIBKIE2D  REFERENCE: CLUB NAME &amp; March Gala 2023</p>
<b>Eligibility</b>	<p><i>Only swimmers registered with Connacht are eligible to enter this gala.</i></p> <p><b>Tech Suit Policy:</b> Tech Suits will not be permitted at the Future Challenger Series Meets irrespective of age. We ask clubs to ensure coaches, parents and athletes are fully aware of the policy so that we avoid any negative experiences on poolside. Full details of the policy can be found on the Swim Ireland website <a href="https://www.swimireland.ie/news/swim-ireland-tech-suit-policy-2020">https://www.swimireland.ie/news/swim-ireland-tech-suit-policy-2020</a></p>

<b>Entries</b>	<i>Entries, on Hy-Tek only. Entries should be emailed to Silvia; <a href="mailto:galwayscompetitionsecretary@gmail.com">galwayscompetitionsecretary@gmail.com</a></i>
<b>Entries by:</b>	<i>Friday 3rd March 2023</i>
<b>Officials</b>	<i>Clubs must provide volunteers for timekeeping duties. Persons looking for experience of stroke judge and starter roles should contact <a href="mailto:connachtcompetitionchair@swimireland.ie">connachtcompetitionchair@swimireland.ie</a> and arrangements will be made for mentoring or otherwise.</i>
<b>Heats</b>	<i>Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i>
<b>Scratches</b>	<i>Scratches at the commencement of warm up (or otherwise as directed at the swim meet).</i>
<b>Data Protection</b>	<i>Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)</i>
<b>Hydration</b>	<i>Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.</i>
<b>First Aid</b>	<i>First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.</i>

**Order of events;**

Mixed 4 x 25m MTR  
 200m Individual Medley  
 50m Backstroke  
 100m Backstroke  
 50m Butterfly  
 100m Butterfly  
 50m Breaststroke  
 Mixed 4 x 25m RTR