

## Connacht Aspiring Champions Meet Leisure Complex at Lough Lannagh, Castlebar

Swim Ireland Licence – 2C-22/23-C002

Enclosed please find entry details for the Swim Connacht Aspiring Champions Meet (Licence Level 3).

This swim meet is open **only** to swimmers registered with clubs in **Swim Ireland Connacht** Region.

<b>Venue</b>	<i>Lough Lannagh, Knockacroghery, Castlebar, Co. Mayo, F23 A257</i>
<b>Host</b>	<i>Swim Ireland Connacht</i>
<b>Format</b>	<i>Short Course - 8 Lane</i>
<b>Session Times</b>	<p><i>Session 1 – Saturday 8<sup>th</sup> October – Warm Up 10:00 Start 11:00</i></p> <p><i>Session 2 – Saturday 8<sup>th</sup> October – Start 15:00 (Warm up during interval)</i></p> <p><i>Session 3 – Sunday 9<sup>th</sup> October – Warm Up 10:00 Start 11:00</i></p> <p><i>Session 4 – Sunday 9<sup>th</sup> October – Start 15:00 (Warm up during interval)</i></p> <p><i>Schedule of events as per Appendix 1 to this document.</i></p>
<b>Fees</b>	<i>€7 per Individual Event      €14 per Relay Team</i>
	<i>Fee payment must be arranged concurrently with swim meet entries. <b><u>Proof of payment must accompany</u></b> the entries to avoid disappointment.</i>
	<p><i>Bank Account Name: Swim Ireland Connacht</i></p> <p><i>Bank: AIB Bank</i></p> <p><i>Bank Address: West End Retail Park, Blanchardstown, Dublin 15.</i></p> <p><i>IBAN: IE60AIBK93251559772477</i></p> <p><i>BANK: AIBIE2D</i></p> <p><i>REFERENCE: NAME</i></p>
	<i>As it may not be possible to accept all entries, fee refunds will be advised to clubs on final acceptance of entries</i>
<b>Eligibility</b>	<p><i>Only swimmers registered with Connacht are eligible to enter this gala.</i></p> <p><i>Consideration Time standards will be in place for entry into the 400m, 800m and 1500m events. Club time trial results, signed off by the Head Coach, can be accepted for entry into these events.</i></p> <p><i>Age 13yrs or older as on 31st Dec 2022</i></p>
<b>Entries</b>	<p><i>Entries <b>on Hy-Tek only</b></i></p> <p><i>Entries emailed to <a href="mailto:connachtgalasecretary@swimireland.ie">connachtgalasecretary@swimireland.ie</a> and <b>must be</b> accompanied with a payment statement where the total is consistent with entries.</i></p>
<b>Entries by:</b>	<i>Friday 30 September 2022.</i>

<p><b>Officials</b></p>	<p><i>Clubs must provide volunteers for timekeeping duties. Different arrangements may apply to the rostering of officials for long distance events (800m, 1500m). Volunteers should be trained to Level 1 Officials standard.</i></p> <p><i>Officials will be arranged directly by the region in accordance with the licence category. Officials seeking specific duties for experiences may request particular roles.</i></p>
<p><b>Heats</b></p>	<p><i>Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable timeframe.</i></p>
<p><b>FINA Rules</b></p>	<p><i>This swim meet will be run under FINA rules. In particular, please note that the regulations relating to FINA-approved swimsuits will be enforced.</i></p>
<p><b>Scratches</b></p>	<p><i>Scratches at the commencement of warm up (or otherwise as directed at the swim meet).</i></p>
<p><b>Medals</b></p>	<p><i>In accordance with national Swim Ireland policy, there will be no presentation of medals at this event</i></p>
<p><b>Finals</b></p>	<p><i>All Heat Declared Winners</i></p>
<p><b>Data Protection</b></p>	<p><i>Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)</i></p>
<p><b>Qualification</b></p>	<p><i>Athletes must be at least 13 years of age to compete at these meets. National Squad/Programme athletes will not be permitted to swim in these meets.</i></p> <p><i>Times achieved can be used to enter the Regional Championships.</i></p> <p><i>Times will only be accepted and recorded on the National Database when ALL Meet paperwork has been submitted after the Meet and all the conditions of the licence have been satisfied.</i></p>
<p><b>Hydration</b></p>	<p><i>Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own bottles.</i></p>
<p><b>First Aid</b></p>	<p><i>First Aid facilities will be provided by facility lifeguards and staff.</i></p> <p><i>Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.</i></p>

### Appendix 1 - Order of Events

Day 1	Day 2
Male 4 x 50m MTR	Female 4 x 50m MTR
Female 4 x 50m FTR	Male 4 x 50m FTR
Male 200m Free	Female 200m Free
Female 100m Breast	Male 100m Breast
Male 100m Back	Female 100m Back
Female 200m Butterfly	Male 200m Butterfly
Male 50m Breast	Female 50m Breast
Female 50m Back	Male 50m Back
Male 200m Individual Medley	Female 200m Individual Medley
Female 100m Free	Male 100m Free
Male 400m Free	Female 400m Free
Female 400m Individual Medley	Male 400m Individual Medley
Male 100m Butterfly	Female 100m Butterfly
Female 200m Back	Male 200m Back
Male 50m Free	Female 50m Free
Female 50m Butterfly	Male 50m Butterfly
Male 200m Breast	Female 200m Breast
Female 100m Individual Medley	Male 100m Individual Medley
Mixed 4 x 50m FTR	Mixed 4 x 50m MTR
Mixed 800m Freestyle <sup>1</sup>	Mixed 1500m Freestyle <sup>2</sup>

<sup>1</sup> Fastest 16 entry times will be accepted for 2 heats.

<sup>2</sup> Fastest 8 entry times will be accepted for 1 heat.