

## Swim Connacht

### Connacht Senior Schools Championship

### Leisure Complex at Lough Lannagh, Castlebar

Licence Number: 8C21/22 – C0008

Enclosed please find entry details for the Swim Connacht Secondary Schools Meet. This swim meet is open to swimmers registered with clubs in **Swim Ireland Connacht** Region and all Secondary Schools in Connacht

<b>Venue</b>	<i>Lough Lannagh, Knockacroghery, Castlebar, Co. Mayo, F23 A257</i>
<b>Format</b>	<i>Short Course – 8 Lanes</i>
<b>Session Times</b>	<i>Session 1 - Sunday 6<sup>th</sup> February 2022 Warm Up 13:00hrs Start 14:00hrs Session 2 – Warm Up at conclusion of Session 1 for 30 minute duration. Events are as outlined in Appendix 1. Two swimmers may swim up for a Relay. At least two swimmers must swim in the correct age for the relay to be accepted. A maximum of 2 relay events per swimmer are permitted.</i>
<b>Team Manager</b>	<i>Each school should have a designed team manager. Entries should include contact details for the team manager who will be expected to be at the swim meet for the time any swimmer from the school is present.</i>
<b>Volunteers</b>	<i>Swim Ireland Connacht will require a set amount of volunteers to facilitate the meet. No spectators will be allowed in the venue for the duration of meet.</i>
<b>Fees</b>	<i>€7 per Individual Event    €20 per Relay Team Swimmers can only enter a maximum of 2 individual events per person 1 relay team per school per relay event</i>
	<i>Cheques to be made out to - Connacht Region Swim Ireland Bank Account Name: Swim Ireland Connacht Bank: AIB Bank Bank Address: West End Retail Park, West End Retail Park, Blanchardstown, Dublin 15. IBAN: IE60AIBK93251559772477 BANK: AIBIE2D REFERENCE: NAME</i>
	<i>If you are remitting the fees by cheque, please note the school name on the back. As it may not be possible to accept all entries, fee refunds will be advised to clubs on final acceptance of entries.</i>
<b>Eligibility</b>	<i>Junior (born between 1.9.2007 and 31.8.2009) Intermediate (born between 1.9.2005 and 31.8.2007) Senior (born between 1.9.2002 and 31.8.2005)</i>

<p><b>Entries</b></p>	<p><i>Entries should be submitted using the forms attached to this notice. Submit individual best times. Entries will not be accepted unless they</i></p> <ul style="list-style-type: none"> <li><i>a) fees have been paid</i></li> <li><i>b) bear the School's stamp or be signed by the Principal or Teacher responsible for Sport;</i></li> <li><i>c) include the name and contact telephone number of the Adult-in-Charge / Team Managers;</i></li> </ul> <p><i>Entries should be emailed or posted to <a href="mailto:connachtgalasecretary@swimireland.ie">connachtgalasecretary@swimireland.ie</a> Patricia Cleary, Cornamagh, Athlone Co. Westmeath N37V6H2</i></p>
<p><b>Entries by:</b></p>	<p><b>Friday 28<sup>st</sup> January 2022 – no entries or changes will be accepted on the day</b></p>
<p><b>Officials</b></p>	<p><i>Clubs/Schools must provide volunteers for timekeeping duties. Officials will be arranged directly by the region based on the licence category.</i></p>
<p><b>Heats</b></p>	<p><i>Clubs/Schools will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.</i></p>
<p><b>Scratches</b></p>	<p><i>Scratches at the commencement of warm up (or otherwise as directed at the swim meet).</i></p>
<p><b>Finals / Medals</b></p>	<ul style="list-style-type: none"> <li><i>• Heat declared winners.</i></li> <li><i>• Medals awarded for 1<sup>st</sup>, 2<sup>nd</sup> 3<sup>rd</sup> in Junior Intermediate, Senior in Boys and Girls categories.</i></li> </ul>
<p><b>Qualification Pathway</b></p>	<p><i>Times can be used to qualify for Regional and National Meets. An Interprovincial Schools Team will be selected on the basis of performances at this meet. To be selected for this event, swimmers must have entered &amp; competed in individual events at the 2021 Connacht Senior Schools Championships</i></p>
<p><b>Hydration</b></p>	<p><i>Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.</i></p>
<p><b>Data Protection</b></p>	<p><i>Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)</i></p>
<p><b>First Aid</b></p>	<p><i>First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.</i></p>
<p><b>Rules</b></p>	<p><i>In addition to FINA Rules the Swim Ireland Complaints and Disciplinary Rules shall apply.</i></p>
<p><b>Digital COVID Certification</b></p>	<p><i>All persons over 18 (including swimmers) must have a valid DCC certificate or recovery certificate to enter the facility</i></p>

Appendix 1 - Events HDW (Heat Declared Winner)

Session	Event Number	Gender	Event Description	Category
1	1	Girls	100m Backstroke	
	2	Boys	100m Backstroke	
	3	Girls	100 Breaststroke	
	4	Boys	100 Breaststroke	
	5	Girls	400m Freestyle (Fastest 8)	
	6	Boys	400m Freestyle (Fastest 8)	
	7	Girls	4x50 Freestyle Relays	Junior
	8	Boys	4x50 Freestyle Relays	Junior
	9	Girls	4x50 Freestyle Relays	Intermediate
	10	Boys	4x50 Freestyle Relays	Intermediate
	11	Girls	4x50 Freestyle Relays	Senior
	12	Boys	4x50 Freestyle Relays	Senior
Interval – Warm Up for Session 2				
2	13	Girls	200 IM	
	14	Boys	200 IM	
	15	Girls	100m Butterfly	
	16	Boys	100m Butterfly	
	17	Girls	100m Freestyle	
	18	Boys	100m Freestyle	
	19	Girls	4x50 Medley Relay	Junior
	20	Boys	4x50 Medley Relay	Junior
	21	Girls	4x50 Medley Relay	Intermediate
	22	Boys	4x50 Medley Relay	Intermediate
	23	Girls	4x50 Medley Relay	Senior
	24	Boys	4x50 Medley Relay	Senior

Appendix 2a – Entry Forms for Connacht Secondary Schools Championships

Connacht Senior Schools Meet  
Male Entry Form

Name of School \_\_\_\_\_

Name	DOB	100m B/C	100m Brs	100m Fly	100m F/C	200m IM	400m F/C

Name of person submitting entries: \_\_\_\_\_

Tel No. \_\_\_\_\_

email address \_\_\_\_\_

Name of school team manager / adult in charge: \_\_\_\_\_

Tel No. \_\_\_\_\_

Appendix 2b – Entry Forms for Connacht Secondary Schools Championships

Connacht Senior Schools Meet  
Female Entry Form

Name of School \_\_\_\_\_

Name	DOB	100m B/C	100m Brs	100m Fly	100m F/C	200m IM	400m F/C

Name of person submitting entries: \_\_\_\_\_

Tel No. \_\_\_\_\_

email address \_\_\_\_\_

Name of school team manager / adult in charge: \_\_\_\_\_

Tel No. \_\_\_\_\_

Appendix 2c – Entry Forms for Connacht Secondary Schools Championships  
Relay Entry Form

Name of School \_\_\_\_\_

School Stamp

Male / Female (delete whichever does not apply)

Junior Relay Team (*born between 1.9.2007 and 31.8.2009*)

Freestyle Relay Team		Medley Relay Team	
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Names and Dates of Birth of Team Members (Freestyle & Medley combined)

Surname and then First Name	Date of Birth	Surname and then First Name	Date of Birth

Inter Relay Teams (*born between 1.9.2005 and 31.8.2007*)

[swimming up is permitted but at least one team member must be Inter]

Freestyle Relay Team		Medley Relay Team	
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Names and Dates of Birth of Team Members (Freestyle & Medley combined)

Surname and then First Name	Date of Birth	Surname and then First Name	Date of Birth

Senior Relay Teams (*born between 1.9.2002 and 31.8.2005*)

[swimming up is permitted but at least one team member must be Senior]

Freestyle Relay Team		Medley Relay Team	
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Names and Dates of Birth of Team Members (Freestyle & Medley combined)

Surname and then First Name	Date of Birth	Surname and then First Name	Date of Birth

I certify that the above pupils attend this school and that their dates of birth are correct.

Name of Team Manager(s): \_\_\_\_\_

Phone: \_\_\_\_\_

\_\_\_\_\_