

Connacht SC Championships

Leisure Complex @ Lough Lannagh, Castlebar

Swim Ireland Licence – 2C-21/22-C0002

Enclosed please find entry details for the Swim Connacht SC Championships meet (Level 4). This swim meet is open **only** to swimmers registered with clubs in **Swim Ireland Connacht** Region.

Venue	<i>Leisure Complex, Lough Lannagh, Castlebar, Co. Mayo F23 A257</i>
Host	<i>Swim Ireland Connacht</i>
Format	<i>Short Course - 8 Lane</i>
Session Times	<p><i>Session 1 – Friday 12th November 2021 Warm Up 19:00 Start 19:30</i></p> <p><i>Session 2 – Saturday 13th November 2021 Warm Up 10:00 Start 11:00</i></p> <p><i>Session 3 – Saturday 13th November 2021 Start 14:30 (Warm up during interval)</i></p> <p><i>Session 4 – Sunday 14th November 2021 Warm Up 10:00 Start 11:00</i></p> <p><i>Session 5 – Sunday 14th November 2021 Start 14:30 (Warm up during interval)</i></p> <p><i>Schedule of events as per Appendix 1 to this document.</i></p>
Fees	<i>€7 per Individual Event €14 per Relay Team</i>
	<i>Cheques to be made out to – Swim Ireland Connacht</i>
	<i>If you are remitting the fees by cheque, please note the club and the name of the swim meet gala on the back. Fee payment should be arranged concurrently with swim meet entries.</i>
	<p>Bank Account Name: Swim Ireland Connacht</p> <p>Bank: AIB Bank</p> <p>Bank Address: West End Retail Park, West End Retail Park, Blanchardstown, Dublin 15.</p> <p>IBAN: IE60AIBK93251559772477</p> <p>BANK: AIBIE2DXXX</p> <p>REFERENCE: NAME</p>
	<i>As it may not be possible to accept all entries, fee refunds will be advised to clubs on final acceptance of entries</i>
Eligibility	<p><i>Only swimmers registered with Connacht are eligible to enter this gala.</i></p> <p><i>Entries with NT will be rejected.</i></p>
Entries	<p><i>Qualification times are outlined in Appendix 2 to this document. Consideration times may be accepted. Please see note at end of Appendix 2 for reference.</i></p> <p><i>Entries, on Hy-Tek only.</i></p> <p><i>Entries should be email to connachtgalasecrearty@swimireland.ie</i></p>

Entries by:	Friday 5th November 2021.
Officials	Clubs must provide volunteers for timekeeping duties. Different arrangements may apply to the rostering of officials for long distance events (800m, 1500m). Officials will be arranged directly by the club based on the licence category.
Heats	Clubs will be notified in advance as to any changes to the competition. Numbers of heats may be curtailed to allow the gala to be run off in a reasonable time-frame.
FINA Rules	This swim meet will be run under FINA rules. In particular, please note that the regulations relating to FINA-approved swimsuits will be enforced.
Scratches	Scratches at the commencement of warm up (or otherwise as directed at the swim meet).
Finals / Medals	Age Group Youth (Male 13-16, Female 13-15) Senior (17+ Boys, 16+ Girls) Heat Declared Winner for 800m and 1500m events
Data Protection	Swim Ireland Connacht and its registered clubs use a software database to manage entries and results of swimming meets, and also to manage competition records of swimmers. By submitting and accepting entries, consent is hereby given, as required by the Data Protection Act, to the holding of personal information on databases. Personal data held for each swimmer will be name, date of birth, club, Swim Ireland registration number, entry times, achieved times. Certain elements of this data (name, club, age, times, achieved times) may be made public prior to, during or after the meet (e.g. programmes, results sheets, social media updates etc.)
Qualification	Times can be used for entry to Irish National SC Championship and McCullagh International Meet Level 5 Meets (subject to qualification windows) but will only be accepted and recorded on the National Database when ALL Meet paperwork has been submitted after the Meet and all the conditions of the licence have been satisfied.
Hydration	Please note that, as an environment-friendly measure, timekeepers/officials/coaches are encouraged to bring their own re-usable bottles and fill them from the water coolers.
First Aid	First Aid facilities will be provided by facility lifeguards and staff. Fire exits should be noted on arrival. In the event of fire alarm, swimmers and volunteers will take direction from the facility staff and / or Meet Director.

Appendix 1 - Order of Events

Day 1 – 12 th November 2021	Day 2 - 13 th November 2021	Day 3 – 14 th November 2021
Session 1: Combined Heats	Session 2: Combined Heats	Session 4: Combined Heats
Mixed 800m Freestyle HDW Mixed 1500m Freestyle HDW	Mixed 200m Freestyle Relay HDW Female 400m Freestyle HDW Male 100m IM Female 50m Butterfly Male 50m Freestyle Female 200m Backstroke Male 200m Breaststroke Female 100m Breaststroke Male 100m Backstroke Female 200m IM Male 200m Freestyle Female 200m Butterfly Male 100m Butterfly Female 100m Freestyle Male 50m Breaststroke Female 50m Backstroke Male 200m Freestyle Relay HDW Female 200m Freestyle Relay HDW Male 400m IM HDW	Mixed 200m Medley Relay HDW Male 400m Freestyle HDW Female 100m IM Male 50m Butterfly Female 50m Freestyle Male 200m Backstroke Female 200m Breaststroke Male 100m Breaststroke Female 100m Backstroke Male 200m IM Female 200m Freestyle Male 200m Butterfly Female 100m Butterfly Male 100m Freestyle Female 50m Breaststroke Male 50m Backstroke Female 200m Medley Relay HDW Male 200m Medley Relay HDW Female 400m IM HDW
	Session 3: Finals & Presentations	Session 5: Finals & Presentations
	Mixed 200m Freestyle Relay HDW (Fastest Heat) Male 100m IM Finals Female 50m Butterfly Finals Male 50m Freestyle Finals Female 200m Backstroke Finals Male 200m Breaststroke Finals Female 100m Breaststroke Finals Male 100m Backstroke Finals Female 200m IM Finals Male 200m Freestyle Finals Female 200m Butterfly Finals Male 100m Butterfly Finals Female 100m Freestyle Finals Male 50m Breaststroke Finals Female 50m Backstroke Finals	Mixed 200m Medley Relay HDW (Fastest Heat) Female 100m IM Finals Male 50m Butterfly Finals Female 50m Freestyle Finals Male 200m Backstroke Finals Female 200m Breaststroke Finals Male 100m Breaststroke Finals Female 100m Backstroke Finals Male 200m IM Finals Female 200m Freestyle Finals Male 200m Butterfly Finals Female 100m Butterfly Finals Male 100m Freestyle Finals Female 50m Breaststroke Finals Male 50m Backstroke Finals

Appendix 2 Qualification Times

Boys				Event	Girls			
Consideration	Qualifying	Consideration	Qualifying		Consideration	Qualifying	Consideration	Qualifying
Youth 13-16	Youth 13- 16	Senior 17 +	Senior 17 +		Youth 13-15	Youth 13- 15	Senior 16 +	Senior 16 +
34	32	32	30	50m Freestyle	36	34	34	32
1.12	1.08	1.08	1.04	100m Freestyle	1.14	1.10	1.10	1.06
2.34	2.26	2.26	2.18	200m Freestyle	2.38	2.30	2.30	2.22
5.38	5.22	5.26	5.10	400m Freestyle	5.46	5.30	5.30	5.14
11.49	11.29	11.33	11.13	800m Freestyle	12.05	11.45	11.43	11.23
22.30	22.00	21.58	21.28	1500m Freestyle	22.45	22.15	22.13	21.43
36	34	34	32	50m Butterfly	38	36	36	34
1.29	1.25	1.20	1.16	100m Butterfly	1.31	1.27	1.23	1.19
3.13	3.05	2.56	2.48	200m Butterfly	3.18	3.10	3.04	2.56
36	34	34	32	50m Backstroke	38	36	36	34
1.24	1.20	1.20	1.16	100m Backstroke	1.26	1.22	1.23	1.19
3.08	3.00	2.56	2.48	200m Backstroke	3.13	3.05	3.04	2.56
44	42	40	38	50m Breaststroke	46	44	42	40
1.34	1.30	1.26	1.22	100m Breaststroke	1.36	1.32	1.30	1.26
3.33	3.25	3.18	3.10	200m Breaststroke	3.38	3.30	3.28	3.20
1.24	1.20	1.20	1.16	100m IM	1.26	1.22	1.23	1.19
3.08	3.00	2.56	2.48	200m IM	3.13	3.05	3.04	2.56
6.46	6.30	6.26	6.10	400m IM	6.56	6.40	6.36	6.20

Consideration times may be accepted in some circumstances depending on entries.